

February ECAT



Felling's songs

The colour monster- follow this link for a lovely colour monster feelings song:

<https://www.youtube.com/watch?v=s-sXTECrGXY>

IF your happy and you know it- why not add other feelings to this song!

Top tips

Use the full range of expression – speak in a lively, animated voice and use gestures and facial expressions to back up your words. You'll be giving more clues about what your words mean, which can be very useful if the child is struggling to understand language, and be demonstrating the importance of nonverbal communication.

Activity Ideas

- *Share the story talking about the monsters
- *Listen to the colour monster song- sing your own feelings songs like if your happy and you know it- don't be afraid to change the words!
- *Name that feeling- When you child is expressing an emotion happy/sad/angry/worried- give it a name ' I can see you are very sad' this will help them to have the language to express themselves and help them to understand this feeling they are having.

